## Find the Bedouin life

## with FARAG, the Bedouin Guide, phone (0020) - (0)1092779776

Desert herbs and

**Bedouin Medicine** 

Candlelight - Dinner in a Bedouin Tent



Enjoy the delicious 5-star dinner under the 1000-star sky. A traditional Bedouin tent, fire, quietness or traditional music, whatever you like, will invite you to spend an unforgettable evening in the desert.

> 30 minutes by jeep one way time 5 - 10 pm

Camel trip



You will find the real desert-feeling, if you ride on a camel. No rush hour, no noise, no Wi-Fi, just you and your thoughts and the nature.

Ras Abu Galum Protected Area



A trip by jeep to a beautiful lagoon and natural beach. At a very quiet and lonely beach you can spend a day with snorkelling and relaxing and a special Bedouin Meal with fresh fish from the Red Sea.



Farag will show you the most important herbs in South Sinai, talk about the medical effects of them and how to mix and prepare them, for example as tea or crème or powder to help in many diseases.

30 minutes by jeep one way 4 hours-trip

Start: early in the morning Time: one day or more

2 hours by jeep one way full day trip

FARAG loves the desert and knows the mountains and the life in the desert since he was a child. He speaks English and offers delicious Bedouin meals for lunch and dinner. With him, his mindfulness and humour, you will have a day full of richness and joy.

Call him at least one day before starting the trip, meet him and find the best program for you and a wonderful holiday-experience. The trips can be done by jeep or by camel. Start: between 6 and 8 am at your place. Return: after more or less 6 - 8 hours. Lunch: can be offered or not - as you like. You can choose! Price depends.